

Center After School

Get into the Kitchen

Students in grades K and 1 will enjoy making a variety of no cook and cooked foods. As a small group they work together, following the steps in recipes and taking turns to make a dish they then share. This is a hands-on class, so there is a strong emphasis on clean hands and good kitchen hygiene, safe use of kitchen tools, good listening skills, and following instructions. At the end of each class students will sample the dish they created and go home with the recipe. Recipes are duplicated in both the Monday and Tuesday classes, but do change each session. Please make us aware of any food allergies or cultural restrictions when registering.

Day: Monday **Time: 3:30 – 4:30 p.m.**

Session 1: 5/9, 5/16, 5/23, 6/6 (4 wks)

Day: Tuesday **Time: 3:30 - 4:30 p.m.**

Session 1: 5/10, 5/17, 5/24, 5/31 (4 wks)

Place: Center School PreSchool Room

Instructor: Ann Salinger Fee: \$48.00/session

Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Session 1: Tuesday, 3:30 – 4:30 p.m.

Dates: 4/26 – 6/14 (8 wks) Fee: \$44.00 (8 classes)

Instructors: Ryan Halloran and Ashley Defreitas

Session 2: Friday, 3:30 – 4:30 p.m.

Dates: 4/29 – 6/10 (6 wks) – no class 5/27 Fee \$33.00 (6 classes)

Instructors: TBA

Place: Center School Gym

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Session 1: Monday, 3:30 – 4:30 p.m.

Dates: 4/25 – 6/13 (7 wks) – no class 5/30

Session 2: Thursday, 3:30 – 4:30 p.m.

Dates: 4/28 – 6/9 (7 wks)

Instructors: Jack Egan and Molly Bomba

Place: Center School Gym Fee: \$39.00/session

Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Hammerhead Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:30 – 4:00 p.m.

Place: Center School Cafeteria

Dates: 5/5 – 5/26 (4 wks) Fee: \$28.00

Intro to Field Hockey

Designed for students in grades K-4 with no previous experience playing. This program will provide a foundation for stick skills, ball handling, sport rules, and teamwork. Students should bring a stick and shin guards. (If you don't have a stick, we will have some you can borrow.)

Day: Thursday Time: 5:00 – 6:00 p.m.

Place: HHES Gym

Dates: 4/28 – 6/2 (6 wks) Instructor: Kate Culbreth

Fee: \$46.00

Pre-Ballet

This class will introduce boys and girls grades K and 1 to age-appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance, coordination and begin learning the basic postures and positions of ballet. Recommended attire: Girls- any color leotard, pink tights, pink ballet shoes. Hair must be pulled back. Boys- solid color t-shirt and shorts or sweatpants and black ballet shoes.

Day: Thursday Time: 3:30 – 4:30 p.m. Place: Center School Music Room
Dates: 4/28 – 6/9 (7 wks) Instructor: Dolly Pinto Fee: \$61.00

Lego in Motion

Young budding engineers love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this spring. Class limited to 12 students.

Day: Tuesday Time: 3:30 – 4:45 p.m. Place: Center School Room G3
Dates: 5/3, 5/10, 5/17, 5/24, 5/31 (5 wks) Instructor: Computer Explorers Fee: \$95.00

The Wizard's School of Magic

Students in grades K and 1 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazam - disappear!

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Wednesday 4/27, 3:30 – 4:30 p.m. Center School Room G3

Hocus Pocus – Magic Workshop 2:

Wednesday 5/11, 3:30 – 4:30 p.m. Center School Room G3

Presto – Magic Workshop 3:

Wednesday 6/8, 3:30 – 4:30 p.m. Center School Room G3

Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials (included in cost of class.)

Day: Thursday Time: 3:30 – 4:30 p.m. Place: Center School Art Room
Dates: 4/28 – 5/26 (5 wks) Fee: \$90.00